



## **2010 Tug of War Team Application**

**When:** Friday, August 13, 2010..... Event starts promptly at 6:00PM

**Registrations due no later than Wednesday, July 28, 2010**

**Where:** The Third Annual Irishfest-La Crosse Tug of War competition will be located behind the Bier Hall on the northeast side of the fest grounds, through the gated fence.

**Cost:** \$30 per team for the Team Competition  
\$30 value of food donation to Hunger Task Force for the All-Fest Team Challenge  
All team members must have paid admission to Irishfest-La Crosse 2010.  
Teams are to consist of a maximum of 5 people with no weight limit enforced (see rules):

- Men's division
- Women's division
- Co-ed divisions

**Deadline:** Registration application for the team is required by Wednesday, July 28, 2010 (No Refunds)  
- This includes the team fee, individual application, & signature of Waiver & Release of Liability.

**Weather:** Inclement weather may postpone the event to a later time and/or day during Irishfest-La Crosse. In case of severe weather, the decision to cancel the event may be made for the safety of participants. All efforts will be made to finish the event in a safe manner.

**Entry Rules:**

- Irishfest-La Crosse Tug of War rules will be followed for this event
- All participants must be 18 years of age or older
- All participants must weigh in prior to the start of the competition
- Team gender rules must be met
- Judge's decision is final in all events

**To Register:** By July 28, 2010, complete and return the attached Participant Application to:

**IRISHFEST (c/o: Attention Tug of War)  
PO Box 215  
La Crosse, WI 54602-0215**

## *Irishfest-La Crosse 2010 - Tug of War*

### The Rules

Teams are to consist of 5 members (and one coach or captain if required, if not part of the team). There will be men's, women's, and co-ed teams. No weight limit.

One substitute per team is allowed, due to injury or for tactical purposes. The substitute, if used, must be indicated prior to the pull, and can be used only after one pull has been completed with the original team members. A team member is permitted to pull for only one team during a competition. They may not pull for an opposing team after elimination.

No spiked or cleated footwear is allowed. Raised heels of ½" will be allowed upon inspection.

Gloves may be worn. Resin may be used on hands.

Overhand pull to be 12 feet and winner is the team to pull their opposition 6 feet from the starting mark. No hand-over-hand pulling allowed. Team members must go back with rope while pulling. (Maintain grip)

Anchorman to loop rope around one shoulder to secure the rope. No knot is permitted on the rope end.

All team members are to remain on their feet at all times, no hands are persistently allowed on the ground except for the anchorman who is permitted to use one hand on the ground.

Teams will be reminded of the rules prior to the beginning of competition, through the instruction of their coach or captain. Only coaches or captains may consult with the judge and the judge's decision is final.

Direction of pull will be decided by the toss of a coin. Teams will flip sides after the 1<sup>st</sup> pull, for the 2<sup>nd</sup> pull. If the 3<sup>rd</sup> pull is needed, sides will be decided by coin toss. Second and third pulls shall be done immediately after the first pull.

Prior to beginning the pull, the judge will order teams to "pick up the rope" Then the judge will ask coaches/captains if they are ready, then give the command to "take the strain". At this point the team members may heel in and the rope will become tight. When teams are balanced, and centered over the starting mark, the judge's order to "pull" is given, and the pull (also known as "tie") has commenced.

The team that wins 2 of 3 pulls will win the match. This will be a single elimination competition, until one final winning team is decided.

Two warnings of infringements of the rules or inappropriate behavior, including foul language, will be given. A further warning will result in disqualification (DQ). Two DQs will result in a forfeit of match and of the event.

Match byes may be drawn for in order to create a balanced elimination bracket.

**PLEASE PRINT, COMPLETE, AND RETURN THIS PAGE TO PRE-REGISTER**

**IRISHFEST (c/o Tug of War)  
P.O. Box 215  
La Crosse, WI 54602-0215**

Bracket: \_\_\_\_\_ Team Competition \_\_\_\_\_ All-Fest Team

Team Name: \_\_\_\_\_

Athlete's Name: \_\_\_\_\_

Address: \_\_\_\_\_

E-mail: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Division: \_\_\_\_\_ Men's \_\_\_\_\_ Women's \_\_\_\_\_ Co-ed

I am 18 years of age or older YES NO

**The undersigned has read the waiver and release of liability below, and understands that he/she has given up substantial rights by signing, and has signed it voluntarily.**

Signature of Participant: \_\_\_\_\_

**WAIVER & RELEASE OF LIABILITY:**

I agree that prior to participation, I will, or, if I am the parent or guardian of a minor participant will instruct such participant that he or she should inspect the facilities to be used, and if I believe anything is unsafe, refuse to participate.

I acknowledge and fully understand that I may be engaging in activities that invoke risk of serious injury, permanent disability and death, and severe social and economic losses which might result not only from my actions, inactions or negligence of others, the rules of play, or the conditions of the premises or of any equipment used. Further, that there may be other risks not known to be or not reasonably foreseeable at this time.

I assume all the foregoing risks and accept personal liability for my personal damages following injury, permanent disability or death.

Intending to be legally bound, I do hereby release, waive discharge and covenant not to sue Irishfest, its officers, directors, agents and volunteers, other participants, sponsoring agencies, sponsors, advertisers, owners and lessors of premises used to conduct the event, and all governmental units thru which this event passes.

In the event that I sustain injury while participating in this event, I hereby authorize any emergency first aid, medication, medical treatment or surgery deemed necessary by licensed medical personnel. I also give permission for the attending medical personnel to execute on my behalf my permission forms or other necessary medical documents and to act in my behalf if I am not immediately available to do so.

I certify that all information provided on this application for participation is accurate and waive Irishfest of any liability for my providing of false information.